

The Helmand Summer Restaurant Week Specials 2023



Special 1: \$35.00

Your choice of appetizer

A mix of Lamb Seekh Kabob and Chicken Kabob served with pallow and

Afghan style chopped salad

Fresh baked naan

Dessert: house made baklava or cardamon infused vanilla ice cream

Special 2 : \$35.00

Your choice of appetizer

Zardula Challow: tender chunks of lamb simmered w/sun dried apricot, tomatoes and chili peppers, served with spicy turnips and challow

Fresh baked naan

Dessert: house made baklava or cardamon infused vanilla ice cream

Special 3: \$30.00

Your choice of appetizer

Chicken Kabuli, baked rice with boneless chicken in a spicy tomato and herb sauce, topped with glazed julienne of carrots and raisins

Fresh baked naan

Dessert: house made baklava or cardamon infused vanilla ice cream

Special 4: \$30.00

Your choice of appetizer

Vegetarian Entrée: sampling of vegetarian plater, vegetarian dolma (eggplant), mushroom lawand served with challow

Fresh baked naan

Dessert: house made baklava or cardamon infused vanilla ice cream