

The Helmand Restaurant Summer Week Specials 2022



Special 1: \$40.00

Your choice of appetizer

A mix of one piece each of lamb loin chop, beef kabob, and chicken kabob served with pallow and Afghan chopped salad

Fresh baked naan

Your choice of Goat cheese cake, house-made baklava or flourless chocolate cake

Special 2 \$35.00

Your choice of appetizer

Zardula Challow : Tender chunks of lamb simmered w/sun dried apricot, tomatoes and chili peppers, served spicy turnips and challow

Fresh baked naan

Your choice of Goat cheese cake, house-made baklava or flourless chocolate cake

Special 3 \$30.00

Your choice of appetizer

Vegetarian Entrée: Sampling of vegetarian plater, vegetarian dolma (eggplant), mushroom lawand served with challow

Side dish of banjan laghatac (eggplant, tomatoes and peppers)

Fresh baked naan

Your choice of Goat cheesecake, house-made baklava, or flourless chocolate cake