

The Helmand Summer Restaurant Week Specials 2026



Special 1: \$40.00

Your choice of appetizer

Our Mixed Grill with marinated tender Chicken and Lamb Kabob, grilled vegetables and served with pallow rice and Afghan chopped salad

Fresh baked naan – two pieces

Dessert: House made baklava OR Fereny pudding topped w/pistachio

Special 2: \$35.00

Your choice of appetizer

Zamarud Challow, our “Emerald” basmati rice cooked/spinach, served w/lamb and chopped salad

Fresh baked naan – two pieces

Dessert: House made baklava OR Fereny pudding topped w/pistachio

Special 3: \$30.00

Your choice of appetizer

Vegetarian Entrée: sampling of vegetarian platter includes cauliflower & chick peas; vegetarian dolma (eggplant); mushroom lawand and okra; served with challow rice

Fresh baked naan-two pieces

Dessert: House made baklava OR Fereny pudding topped w/pistachio