

The Helmand Summer Restaurant Week Specials 2025



Special 1: \$40.00

Your choice of appetizer

A mix of one piece each of lamb loin chop, beef kabob, and chicken kabob served with pallow and Afghan chopped salad

Fresh baked naan

Dessert: House made baklava OR Fereny pudding w/fresh fruit & berries

Special 2: \$35.00

Your choice of appetizer

Zardula Challow : Tender chunks of lamb simmered w/sun dried apricot, tomatoes and chili peppers, served with sweet and spicy turnips and challow rice

Fresh baked naan

Dessert: House made baklava OR Fereny pudding w/fresh fruit & berries

Special 3: \$30.00

Your choice of appetizer

Vegetarian Entrée: sampling of vegetarian platter includes cauliflower & chick peas; vegetarian dolma (eggplant); mushroom lawand and okra; served with challow rice

Fresh baked naan

Dessert: House made baklava OR Fereny pudding w/fresh fruit & berries