

## The Helmand Winter Restaurant Week Specials 2026



### **Special 1: \$40.00**

Your choice of appetizer

A mix of one piece each of lamb loin chop and chicken kabob served with pallow rice and Afghan chopped salad. Side of our seasonal Shola (rice w/mung beans & lentils) topped w/lamb.

Fresh baked naan

Dessert: House made baklava or Fereny (eggless pudding with fresh berries & fruit)

### **Special 2: \$35.00**

Your choice of appetizer

Zardula Challow : Tender chunks of lamb simmered w/sun dried apricot, tomatoes and chili peppers, served with sweet and spicy turnips and challow rice. Side of our seasonal Shola (rice cooked w/mung beans and lentils) topped with lamb.

Fresh baked naan

Dessert: House made baklava or Fereny (eggless pudding with fresh berries & fruit)

### **Special 3: \$30.00**

Your choice of appetizer

Vegetarian Entrée: sampling of vegetarian platter includes cauliflower & chick peas; vegetarian dolma (eggplant); mushroom lawand and okra; served with challow rice

Fresh baked naan

Dessert: House made baklava or Fereny (eggless pudding w/fresh berries & fruit)